

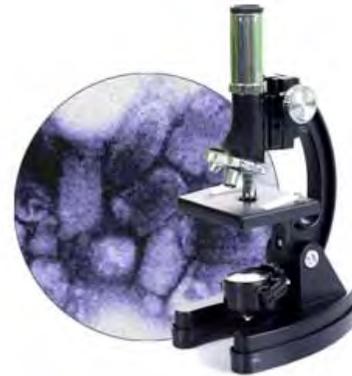


All about Rabies

Level 3



- Rabies is caused by a **virus**.
- You can get rabies virus if an animal bites you, usually a dog.
- Rabies can also be passed from animal to animal.
- The rabies virus makes your body stop working.



YOU can Stop Rabies!



These animals can get rabies:



Cattle



Horses

**They are all
mammals**



Dogs



Cats



Mongoose



Only mammals can get rabies.

Mammals are warm blooded animals,
with fur or hair and produce live young



These animals can get rabies:



Black-backed jackal



African wild dog



Hyena



Ethiopian wolf



Bat



Bat-eared fox



These animals cannot get rabies:



Birds



Fish



Snake



Crocodile

Reptiles

They are not mammals.

They cannot give you rabies



How do animals and people get rabies?



Saliva

- through bites,
licking, scratching



Blood
Faeces
Urine

**You cannot get rabies just by touching
an animal with rabies**



If an animal with rabies bites you, the rabies virus can get into your body.

The virus attacks the central nervous system.

It makes your body stop working





Some viruses are harmless, while others can make you ill. For example, measles, HIV/AIDS, chickenpox and flu are caused by viruses.



Viruses attack host cells in the body and multiply. Then they move onto other hosts cells and do the same thing again.

This is how rabies virus moves through your body and makes you ill.





The rabies virus gets into nerve cells - the smallest parts of our central nervous system. The virus multiplies and moves on to other nerve cells, until it eventually gets to the brain.



When the virus gets to the brain, it causes the brain to swell. A person with rabies may go into a coma and die.



It can take months before you realise something is wrong.





If you think an animal has rabies, do not touch it or try to feed it



Tell an adult who can call an animal control officer to take care of the animal safely.



Never disturb a dog that is:



Caring for puppies



Sleeping



Eating



Keep away from wildlife.

Don't encourage a wild animal to come up to you by feeding it.

It might seem tame and allow you to get close, but remember that this is not the way wild animals usually act. Something could be wrong.

If you see a wild animal acting strangely, report it to an animal control officer.



Stay away

from animals that you do not know

Remember...

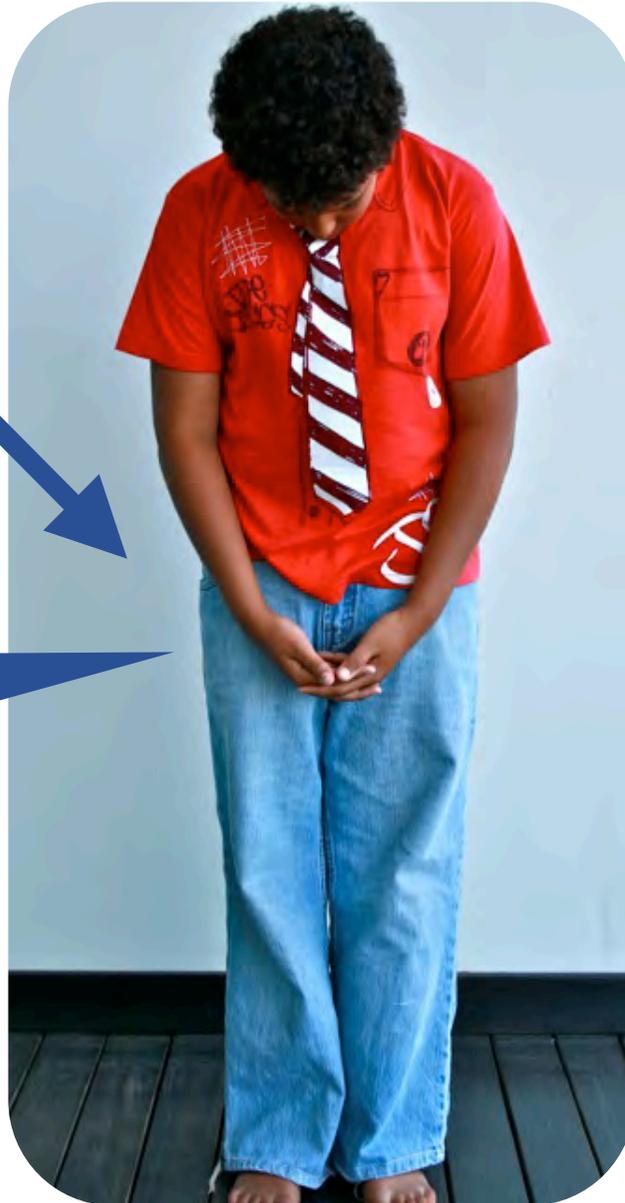
Stray animals may not be vaccinated against rabies



Stand still Keep quiet

If a dog comes close to you:

Keep your arms
down and your
hands folded



Imagine you
are a **tree**

Count in your
head to the highest
number you know, over and
over again, until the dog
goes away.

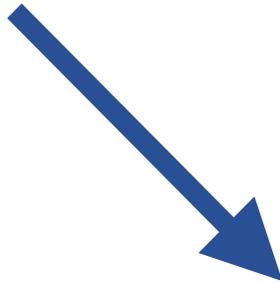
Look at
your feet



If a dog attacks you:

**Keep still
and quiet**

Curl up into a ball, with your head tucked in



Put your hands over the back of your neck



Imagine you are a **rock**



If you get bitten:



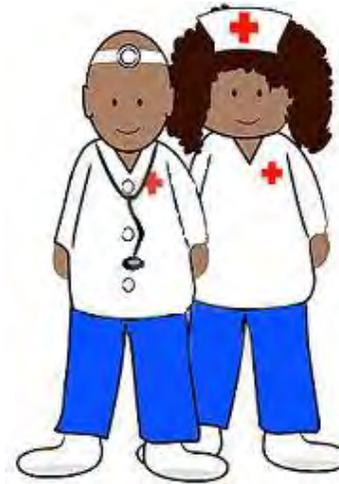
Immediately wash the wound really well with soap and lots of water



Tell an adult



See a doctor



You will be given medicine to make sure that you don't get rabies



The doctor will:



Clean the wound properly



Give you anti-rabies vaccinations

The vaccinations will help to stop the virus from attacking your body



It is important that you do everything the doctor says



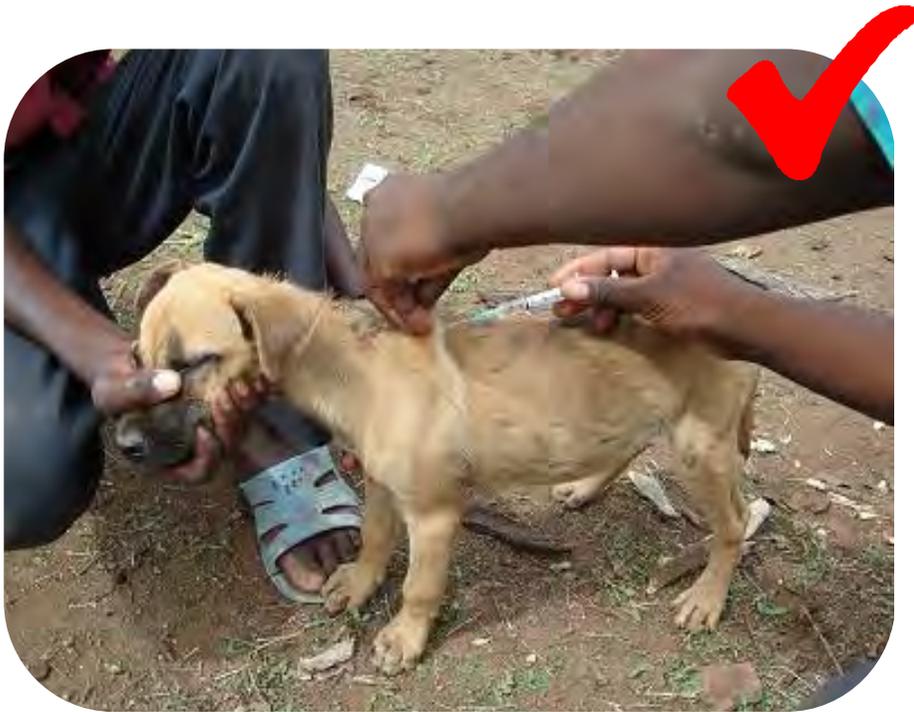
If your pet is bitten:



Take your pet to a vet who will decide what is best for the animal



How to prevent Rabies?



1. Get your pet vaccinated regularly to make sure it does not infect other animals or people with rabies



How to prevent Rabies?



2. Sterilise your pet to help reduce the number of unwanted animals that may not be properly cared for or vaccinated



How to prevent Rabies?



3. Do not let your pet go wherever it likes. This will help to prevent it from being bitten by another animal that has rabies



How to prevent Rabies?



4. Keep a lid on rubbish. Rubbish can attract stray and wild animals that have rabies to your home



How to prevent Rabies?

5. Get help to remove stray animals that may spread rabies to other animals and people. An animal control officer will take care of stray animals safely



Did you know?

- Every year, more than 55 000 people die from rabies
- Most of the people who die from rabies were bitten by infected dogs
- Most dog-bite victims are children under the age of 15
- There is no cure for rabies
- Rabies can be prevented in animals and people



Prevention of Rabies!

- 1. Get your pet vaccinated**
- 2. Sterilise your pet**
- 3. Do not let your pet go wherever it likes**
- 4. Keep a lid on rubbish**
- 5. Get help to remove stray animals**



You can Stop Rabies!



rabiesalliance.org/world-rabies-day

Let's make rabies history!

