

# Rabies Situation in Cameroon: Role of a pilot initiative of surveillance system reinforcement in improving health authorities awareness

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# Outline



- Cameroon: general information
- Rabies situation in Cameroon
- Pilot rabies surveillance system
  - Objectives and reinforcement of the surveillance system
  - Results
- Strength and weakness points
- Conclusions

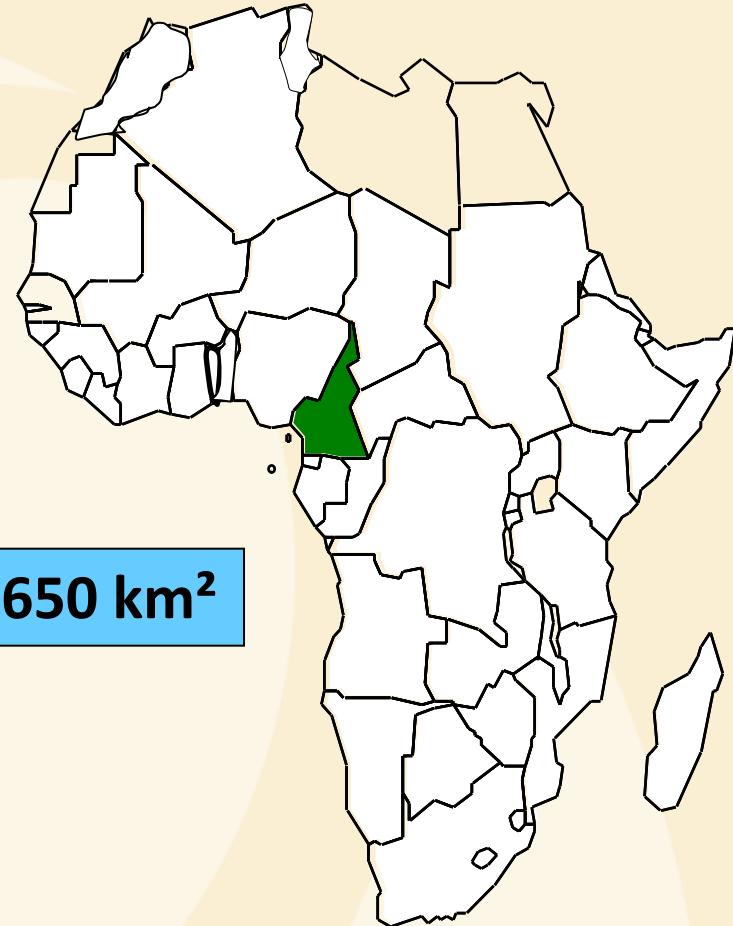


# Cameroon : general information



- **Population : 19.4 millions inhabitants (2010)**

- 52 % in city / 48 % in rural
- Median age : 17.7 years
- ≥65 years : only 5%
- 10 administrative regions





## Rabies situation in Cameroon (1)



- **Very limited data about the frequency of both animal and human rabies despite the existence of lab facilities**
- **Among 91 dogs specimen received from 2010-2013 at Centre Pasteur of Cameroon, 74.2% were tested positive** (*Sadeuh-Mba et al, BMC Research Notes, 2015*)
- **Rabies laws defining the general strategy for the control of animal rabies exist but not applied**



## Rabies situation in Cameroon (2)



- Lack of awareness among the population, medical practitioners and health authorities is common
- No rabies control program exist.
  - A national zoonosis control program has been launched recently and still in the implementation phase
- Persons who are bitten by suspect rabid animals have to pay for post-exposure prophylaxis
  - Animal rabies vaccination is also paid by the owner
  - Domestic animal mass vaccination campaign against rabies is organised at least once a year at reduced price



# Infractructures for management of rabies exposure is scarced and located in big cities



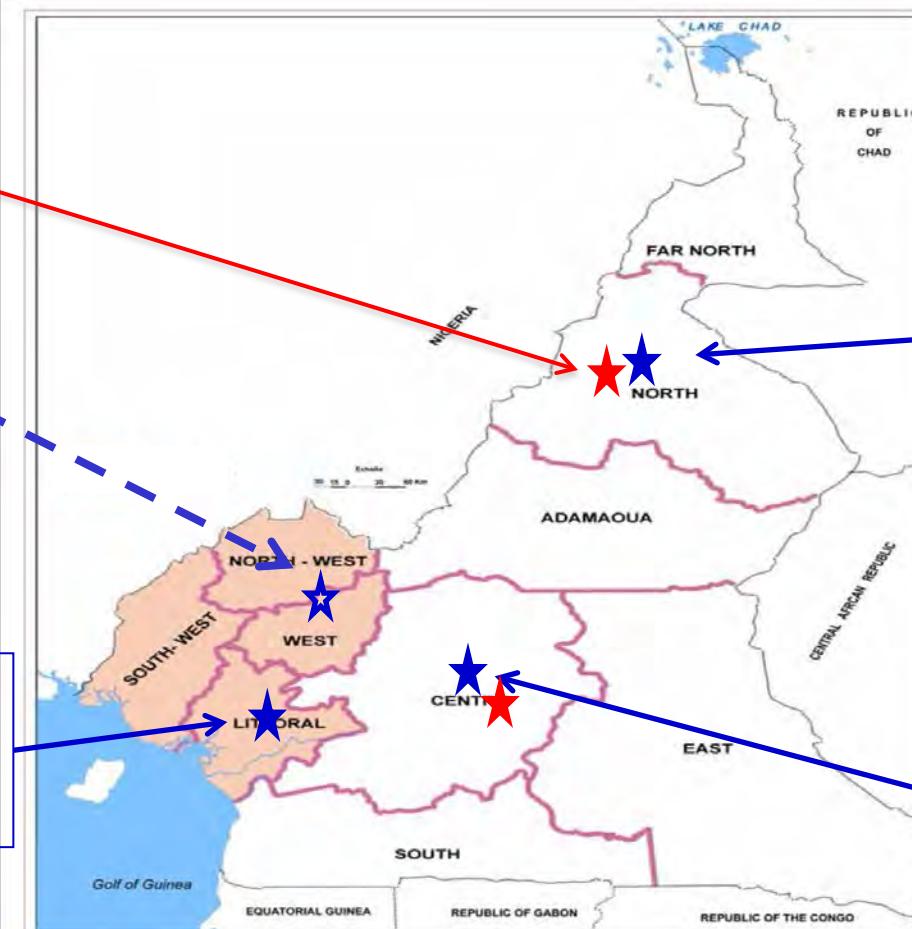
National veterinary  
Laboratory, LANAVET,  
Garoua

Regional Delegation  
of Public Health  
West , Bafoussam

Regional Delegation  
of Public Health  
Littoral , Douala

Centre Pasteur of  
Cameroun  
annex, Garoua

Centre Pasteur of  
Cameroun,  
Yaounde  
Virology  
Laboratory

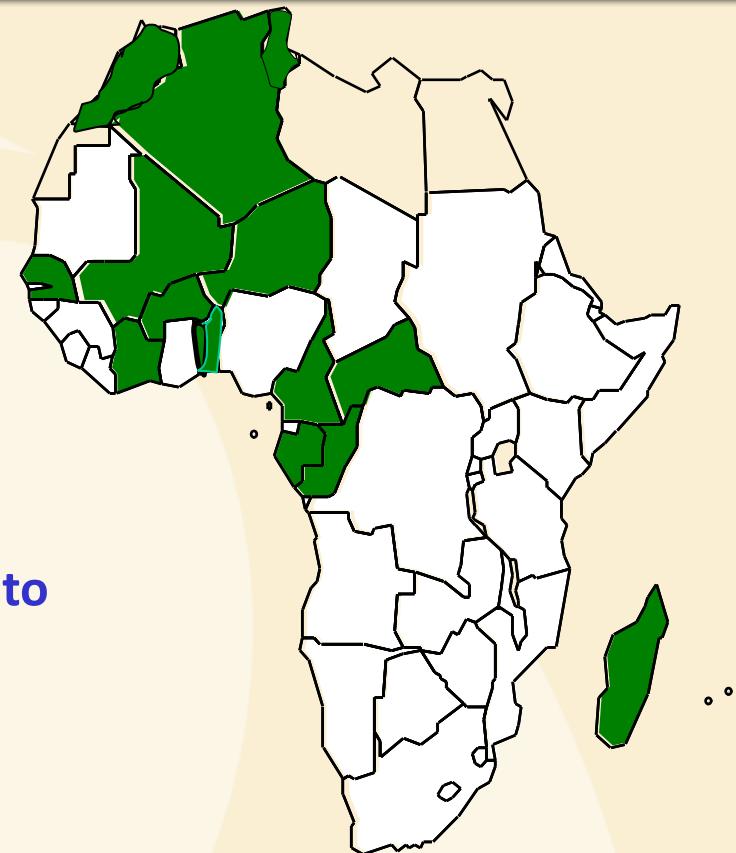


Anti-Rabies Clinics and laboratories



# Rabies situation in Cameroon was similar to that of most of the subsaharan central and west Africa

- As discussed within the AfroREB network meetings
- AfroREB: African Rabies Expert Bureau
  - Created in 2008
  - An informal group of 15 francophone African countries
  - Objective : identify appropriate initiatives to fight rabies



All AfroREB experts unanimously agree that the priority is to bring reliable epidemiological data



# Pilot initiative of rabies surveillance system reinforcement: Cameroon and Ivory Coast



- Primary objective

- To set up a pilot rabies epidemiological information system which will help to validate tools used, identify obstacles and find solutions

- Secondary objectives

- To sensitize human and animal health professionals to the rabid risk and his management
- To systematically collect informations on rabid risk exposition, on animal and human rabies cases
- To document obstacles to surveillance
- To set up a network of professionals working on rabies at different level of the health pyramid



# A pilot surveillance system for rabies in the west region for a one year period – 2014

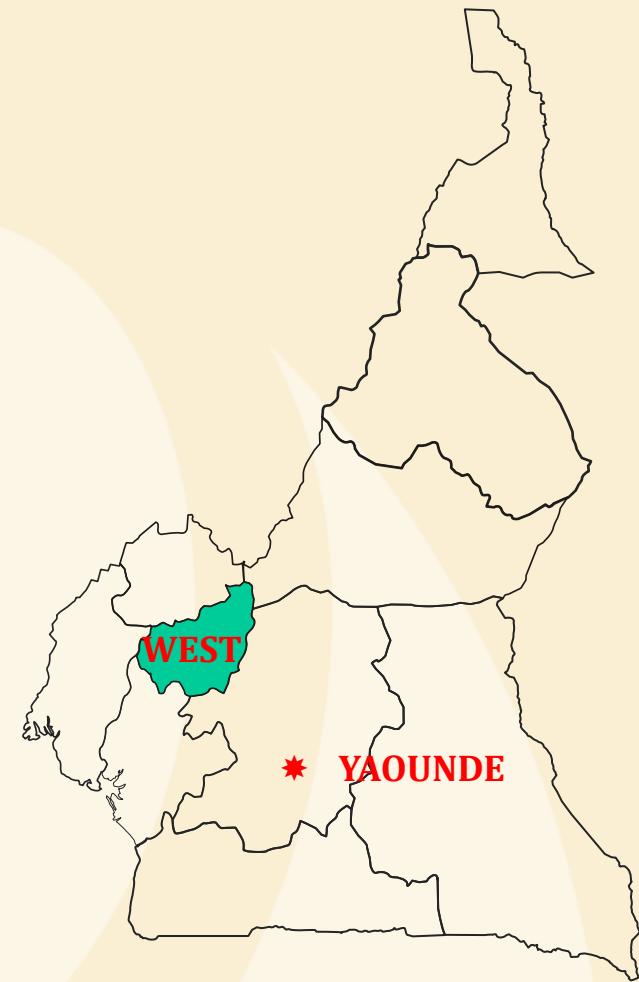


- **West region**

- Population: 1 million inhabitants
- Area:  $\approx 14000 \text{ km}^2$
- Number of health district: 20
- Number selected for the study: 11
- Selected sites were asked to participate in a voluntary basis

- **Focal points identified and selected**

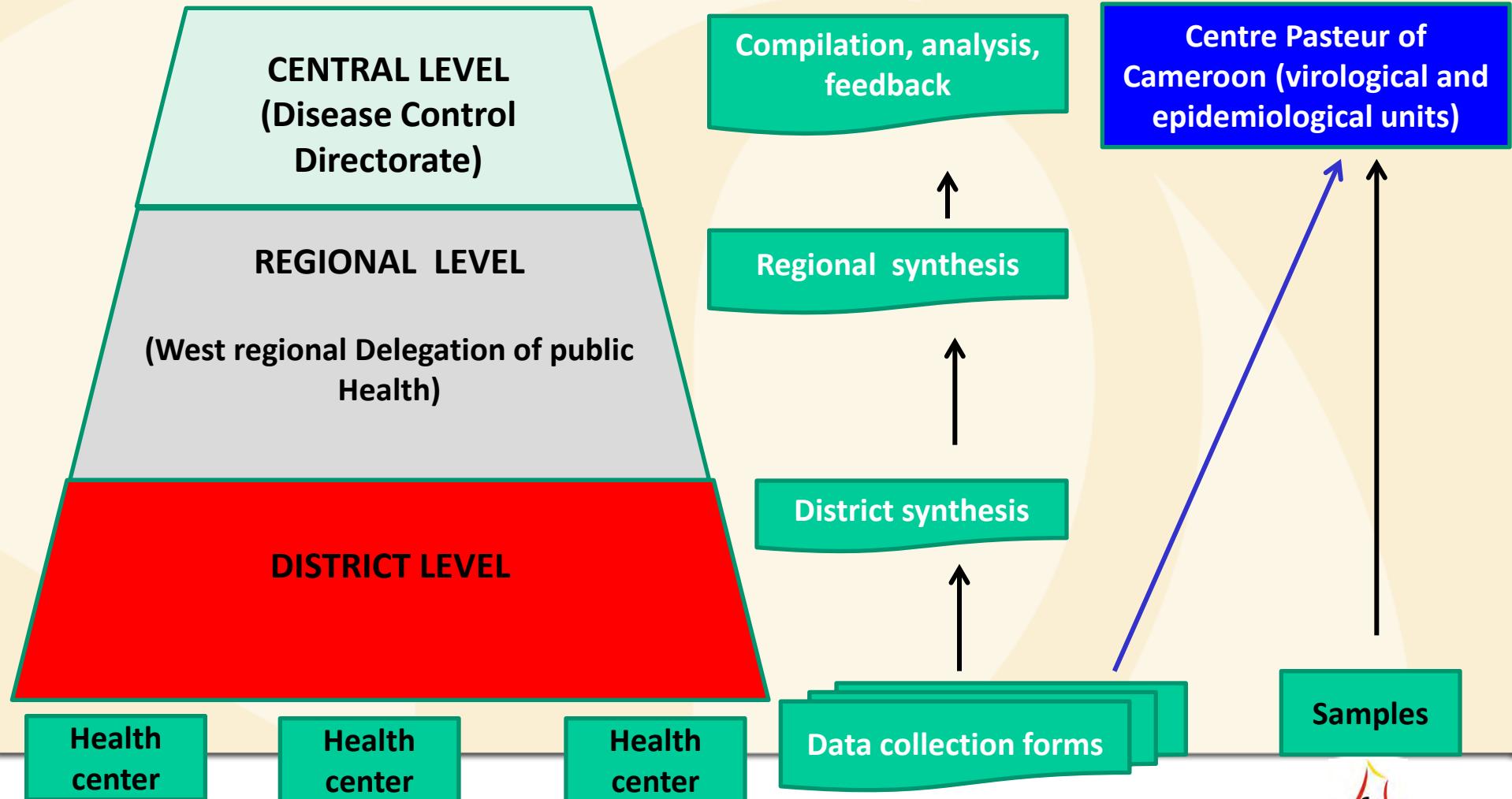
- Chief medical officer of the health district
- Chief of the district veterinary service





# Cameroon EpidemioSuroveillance system design

Ministries of Public Health / livestock and fisheries





# Reinforcement of the existing information system





# Opening of an antirabic center in the West region, oct2013



Ministry of Public Health & Ministry of  
livestock, Fisheries and animal industries



## Sensitization and training of focal points and leaders (1)



- Operative definitions and procedures including questionnaires filling and submission, collection of samples and sending to central lab in Centre Pasteur of Cameroon



# Sensitization and training of focal points and leaders (2)



- World rabies day
- Other health related occasions



## Distribution of coolers to health professionals and financial support to send samples to the Centre Pasteur





# Data and specimen collection / coordination



MINISTERE DE LA SANTE PUBLIQUE

\*\*\*\*\*

DELEGATION REGIONALE DE L'OUEST

\*\*\*\*\*

CENTRE ANTIRABIQUE DE BAFOUSSAM

BP. 49 Bafoussam. Tél : 33 44 14 17

FICHE DE CONSULTATION ANTIRABIQUE n° \_\_\_\_\_

## IDENTIFICATION DU PATIENT:

2. Code \_\_\_\_\_

3. Noms (3 premières lettres): I\_I\_I\_I\_I    4. Prénom: I\_I\_I\_I\_I

6. Date de naissance: I\_I\_I\_I/I\_I\_I\_I/I\_I\_I\_I\_I\_I

8. Adresse ou nom du village : .....

10. District de santé:..... 11.Téléphone : \_\_\_\_\_/\_\_\_\_\_ 12. Profession :.....

1. Date: I\_I\_I\_I/I\_I\_I\_I/I\_I\_I\_I\_I\_I\_I

5. Sexe:  Masculin<sub>M</sub>  Féminin<sub>F</sub>

7. Age: ..... an (s)

9. Région .....

- **Sociodemographic, clinical data of persons exposed to rabid risk, data on animal implicated, samples (animal head and human if possible)**
- **Follow up and action**



# Results





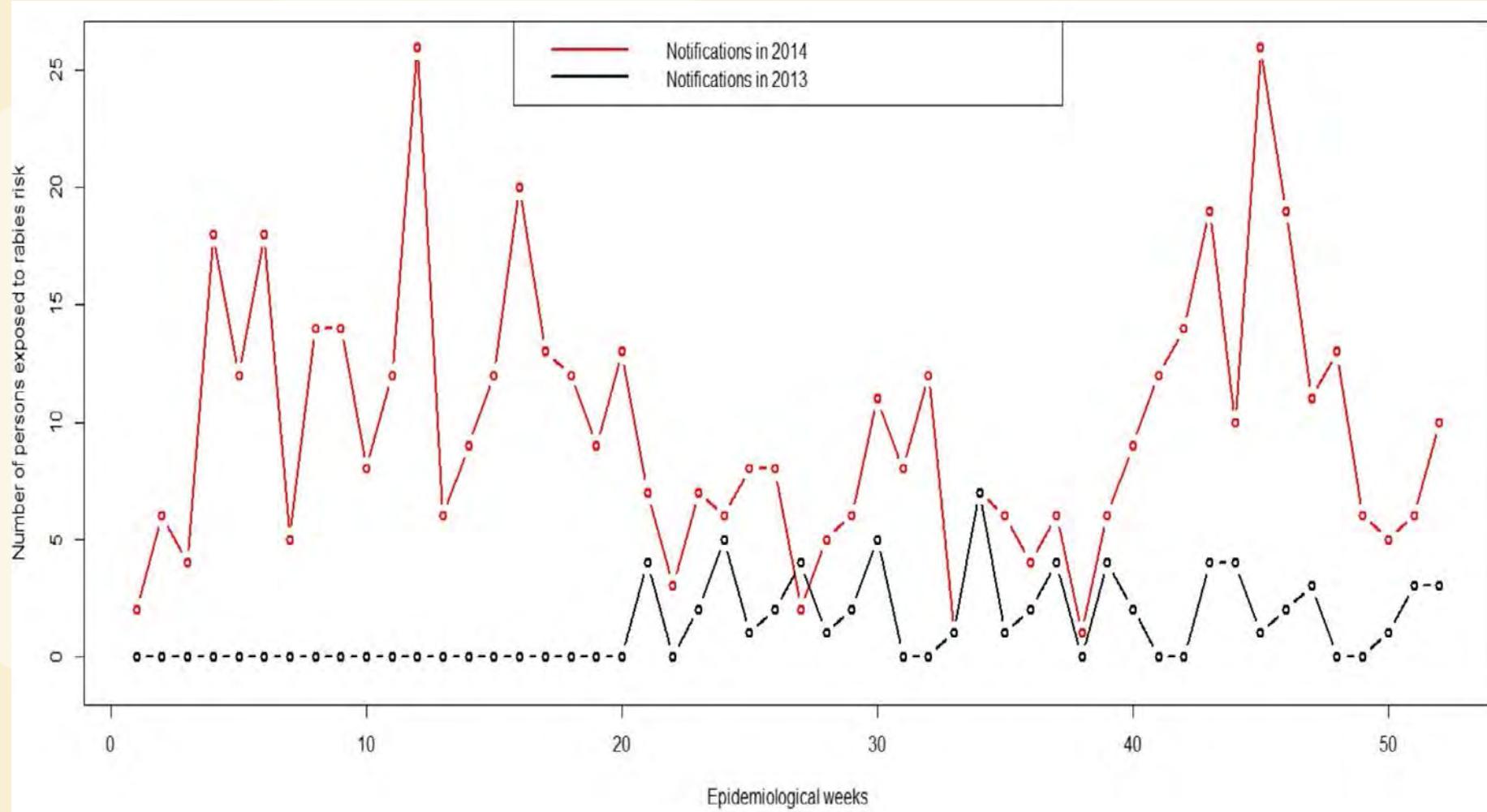
# Epidemiological situation in year 2014 in the West region of Cameroon: exposition to rabid risk

- 507 notifications in the West region / 2594 in total (2014)
- 440 notifications from the sentinel sites selected for the study (87%)
- 370 notifications accompanied with a file (73%)

| District     | Total |
|--------------|-------|
| BAFANG       | 9     |
| BAHAM        | 11    |
| BAMENDJOU    | 13    |
| BANDJA       | 3     |
| BANDJOUN     | 20    |
| BANGANGTE    | 42    |
| BANGOURAIN   | 3     |
| BATCHAM      | 5     |
| DSCHANG      | 19    |
| FOUMBAN      | 10    |
| FOUMBOT      | 7     |
| GALIM        | 3     |
| KEKEM        | 13    |
| KOUOPTAMO    | 0     |
| MALENTOUEN   | 5     |
| MASSANGAM    | 0     |
| MBOUDA       | 30    |
| MIFI         | 169   |
| PENKA MICHEL | 3     |
| SANTCHOU     | 0     |
| NON SIGNALÉ  | 4     |
| TOTAL        | 370   |

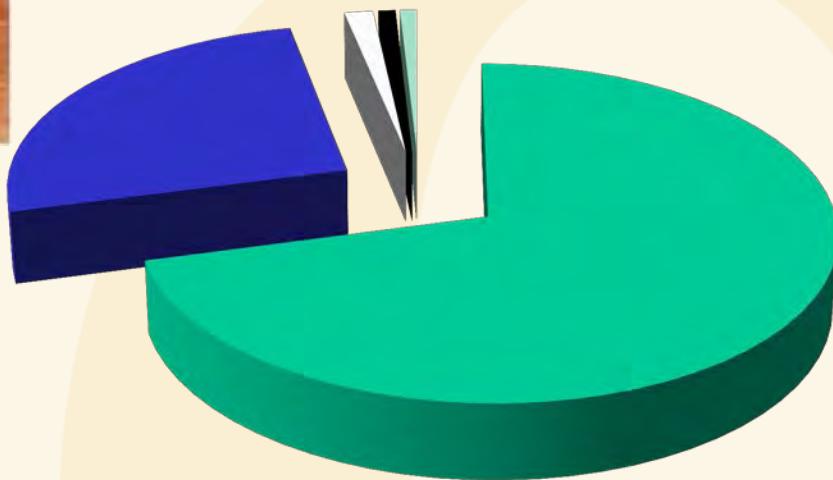


# Comparison of animal bites situation notification in year 2013 and 2014 in the West region





## Animals implicated



- Dog
- Not indicated
- Cat
- Monkey
- other



# Some characteristics of animal implicated



| Total                |
|----------------------|
| N(%) ou median (EIQ) |
| N=370                |

## Known animal (m : 8.1%)

|     |            |
|-----|------------|
| No  | 112 (32.9) |
| Yes | 228 (67.1) |

## Vaccinated animal (m : 23.3%)

|     |            |
|-----|------------|
| No  | 162 (82.2) |
| Yes | 35 (17.8)  |

## Animal vital status at patient consultation

|                   |            |
|-------------------|------------|
| killed            | 21 (5.7)   |
| spontaneous death | 7 (1.9)    |
| disappeared       | 112 (30.3) |
| alived            | 230 (62.2) |

## Veterinary consultation

|     |            |
|-----|------------|
| No  | 193 (74.8) |
| Yes | 65 (25.2)  |

m: missing data



# Some characteristics of patients



|  | Total<br>N(%) ou médiane (EIQ)<br>N=370 |
|--|---|
| <b>Gender (m : 3.0%)</b>   |   |
| Female   | 193 (52.3)                              |
| Male   | 166 (44.9)                              |
| <b>Age at consultation (median, IQR, years)</b>                  | 19.0 (9.0-43.5)                         |
| <b>Stage WHO (m: 22.2%)</b>                                      |   |
| 1  | 30 (10.4)                               |
| 2  | 207 (71.9)                              |
| 3  | 51 (17.7)                               |
| <b>Administration of antitetanic serum to patient (m : 8.9%)</b> |   |
| No   | 53 (15.7)                               |
| Yes  | 284 (84.3)                              |
| <b>Rabies post exposition prophylaxis (only vaccine)</b>         |   |
| No   | 198 (53.5)                              |
| Yes  | 172 (46.3)                              |

m: missing data



## Biological analysis

Samples received 2014

Total

Positive  
results

Dog heads

5

4

Pig head

1

0

Human (saliva and skin biopsy)

1

0

Human rabies suspicion:  
3 cases

Persons exposed where  
informed for  
management



## Strength points

- Sensitization, awareness of the professionals concerning the risk of rabies
- Consolidation of surveillance activities in health district concerned
- Radiance of pilot sites activities to other health districts which have started to report animal bites
- Reduction of number of patients transferred to the capital city for management of animal bite
- Identification of some constraints of the surveillance system of infectious disease



## Weakness points

- Subnotification
  - Incomplete filling of rabies files
  - Delay in transmission of data
  - Suboptimal implication of certains professionals due to concurrent activities
  - Most Veterinarians were alone in their district area and focused more on breeding activities
  - Insufficient collaboration between human and animal health professionals
- 
- Lack of  
human  
ressources  
and  
motivation



# Conclusions

- Rabies is still killing in Cameroon as in many subsaharan west and central African countries
- Organisation, follow up and coordination could help in obtaining reliable data but:
  - Full implication of professionals is needed
  - Intersectorial collaboration
  - Implication of politics with their partners
- As perspectives
  - The activity will continue for one more year (thanks to the donor) in order to identify ways for sustainability
  - The health authorities are preparing for the opening of antirabies clinics in the remaining 6 regions of Cameroon

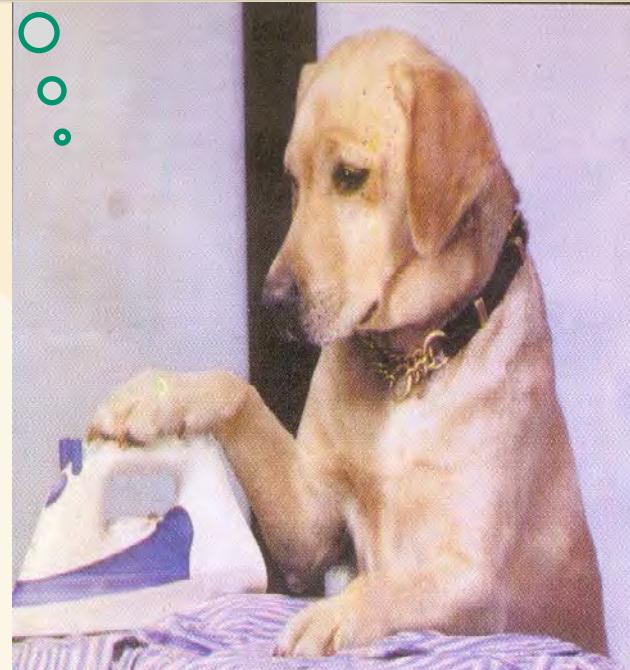


Help us to  
help you

Thanks !!!



- **West Regional Delegation of Public Health**
  - Dr Mache, Dr Simo and Mrs Monkam
- **West Regional Delegation of livestock, fisheries and animal industries**
  - Dr Otang
- **Study team, different health professionnals and participants**



# Sanofi Initiative against Rabies in Africa

## A “One Health” programme

**Pan-African Rabies Control Network Conference**  
South Africa, June 2015



**Isabelle DESCHAMPS, PhD**  
Head of Immunization Policy  
Africa and Global health organizations  
Sanofi Pasteur

**Sophie RANDOUX, DVM**  
Director of Feline and  
Rabies Vaccines Franchise  
MERIAL

# Why this initiative?

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- The context:
  - Human rabies is preventable but continues to kill.
    - Rabies controlled in PAHO region, still bulk of human cases (~60K annually) in Africa and Asia
  - In Africa rabies is often misdiagnosed and underreported
  - Rabies disproportionately burdens poor rural communities (mainly < 15 y of age)
  - Lack of access: Rabies post-exposure prophylaxis is only available in big cities
  - Almost all cases transmitted by a rabid dog (99%)
  - Dog vaccination is compulsory to achieve rabies elimination
- We wish to design and propose a holistic and integrated approach based on a sustainable model:
  - Build on existing partnerships and on social responsibility
    - Sanofi initiatives to Fight Rabies in Africa: Support the Rabies Expert Bureau, Epidemiological studies to improve rabies surveillance, Advocacy and Communication (incl WRD), Rabies clinics in FSA
  - Create a singular focus for an innovative and impactful project
  - Define our strategy for engagement on rabies elimination in Africa

# Our Ambition

Sanofi strengthens its long-term commitment to fight against Rabies and its contribution to the ambitious objective of Rabies elimination in Africa

## Our proposal

- Sanofi Pasteur and Merial promote the “One health” approach by actively engaging multi-sectorial local partners, in order
  - to break the virus circulation (focus on dogs)
  - to raise awareness and education for rabies prevention in high risk groups (i.e. children) and among health care workers.
  - to improve access to human and veterinary vaccines and to immunoglobulins by creating rabies centers in endemic and remote places
  - to create a financial mechanism which decreases the total cost of a post-exposure treatment by 80% for the patient.

# How do we get there ?

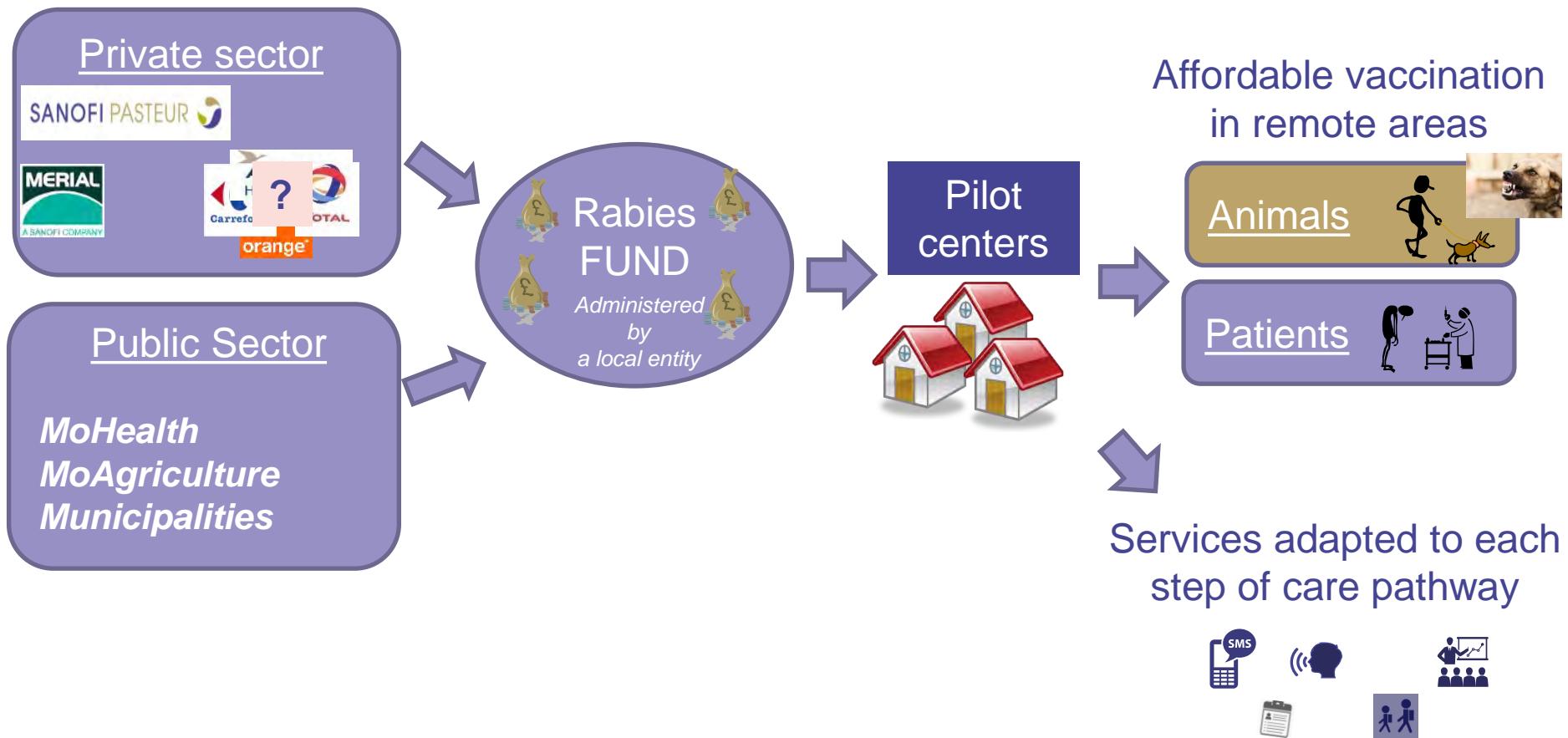
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- New Dog Bite Center models
  - Multi-sectorial partnership with public and private partners committed to the fight to eliminate rabies
  - Associating Human and Animal vaccination program - One Health
    - Dog vaccination coverage : 70% of the animals in contact with Humans
  - Scalable to other countries/regions
  
- A National approach: engage first at country level
  - Country ownership
  - Contribute to the empowerment of underprivileged local populations
  - Show a positive impact prior to regional expansion



# Funding Model



# Developing targeted services at each step of care pathway to improve vaccination programmes

Patient is bitten by a dog



## Break the virus circulation:

- Among dog's population.
- Transmission to humans

## Increase Awareness on Rabies

- mHealth (awareness, alerts)
- Community rabies advocates
- Training for HCPs
- School-based awareness

Health Care Facility



## Increase Awareness on Existence of Rabies Center

- mHealth (info on center)
- Call center
- Training for HCPs
- Community rabies advocates

Availability of vaccine and Ig  
Affordability of vaccination



## Make sure treatment is available and affordable

- Ensure vaccines and Ig stocks
- Innovative financing model to decrease the cost of PEP for the patient

Compliance



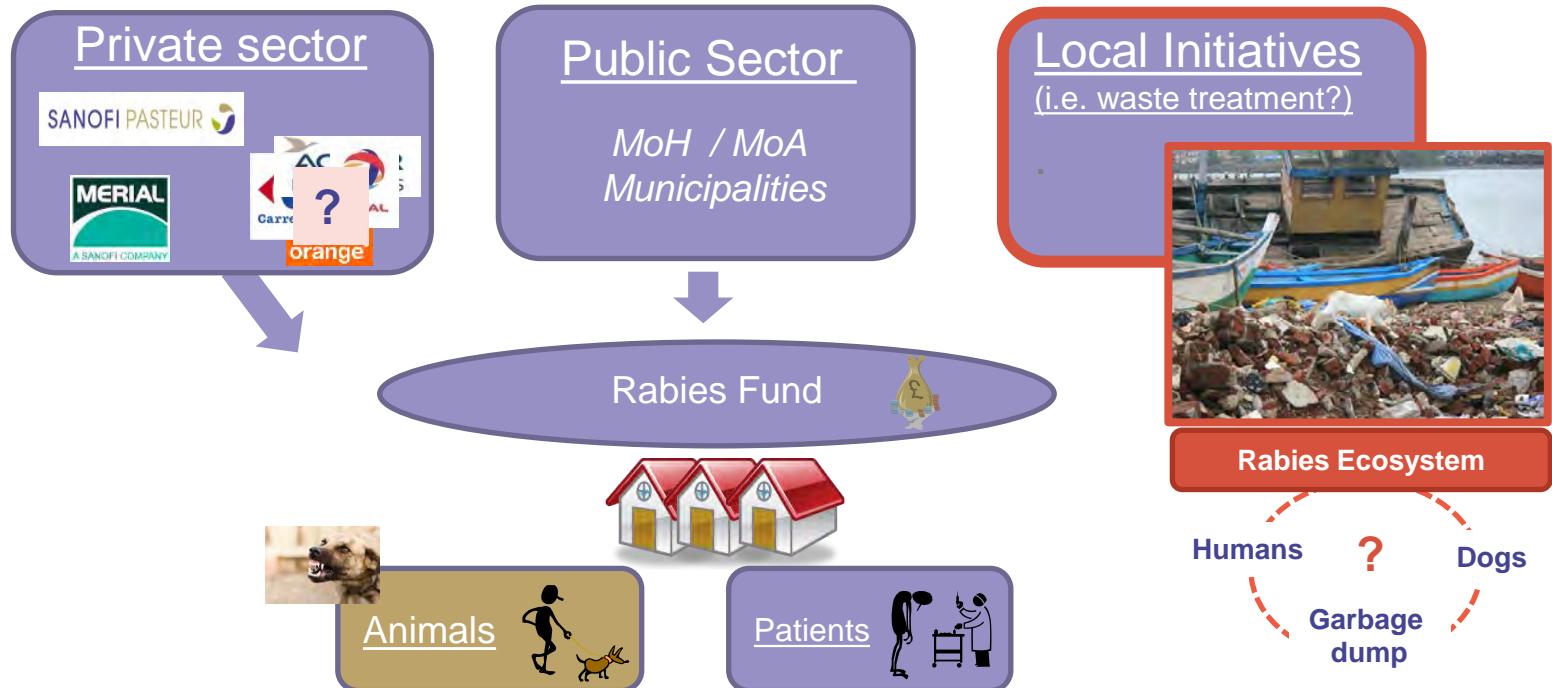
## Ensure compliance

- Training for HCPs
- mHealth (compliance messages)
- Decrease the total cost of PEP for the patient (consultation fees, transport, vaccines and Ig)

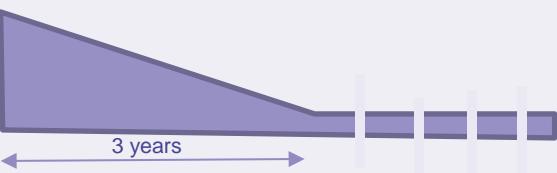
KPIs measurements

# Community's involvement

- Associate the Dog Bite Centers with a local Initiative to the benefit of the community.
- Explore opportunities with local social entrepreneurship organizations.
  - ASHOKA, Business Fights Poverty, Aide et Action,.....



# Breakdown per country (3 centers)

| Dog Bite Centers funding |  |   |   |
|--------------------------|--|---|---|
|                          | Sanofi   | Other   |   |
| SP/<br>Merial            |  <p>- Financial contribution</p>   | Local Private Companies, Fondations, Institutes.... |  <p>Financial contribution</p> |
|                          |  | Patients  | 20% of the treatment is paid by the patient   |
|                          | <ul style="list-style-type: none"><li>- Ensure rabies vaccines/Ig stocks through a distribution channel agreed with partners</li><li>- Skills sponsorship: i.e. Medical training</li></ul> | Ministries / municipalities                         | To be discussed: could be the operating costs of the centers  |

# Impact measurement

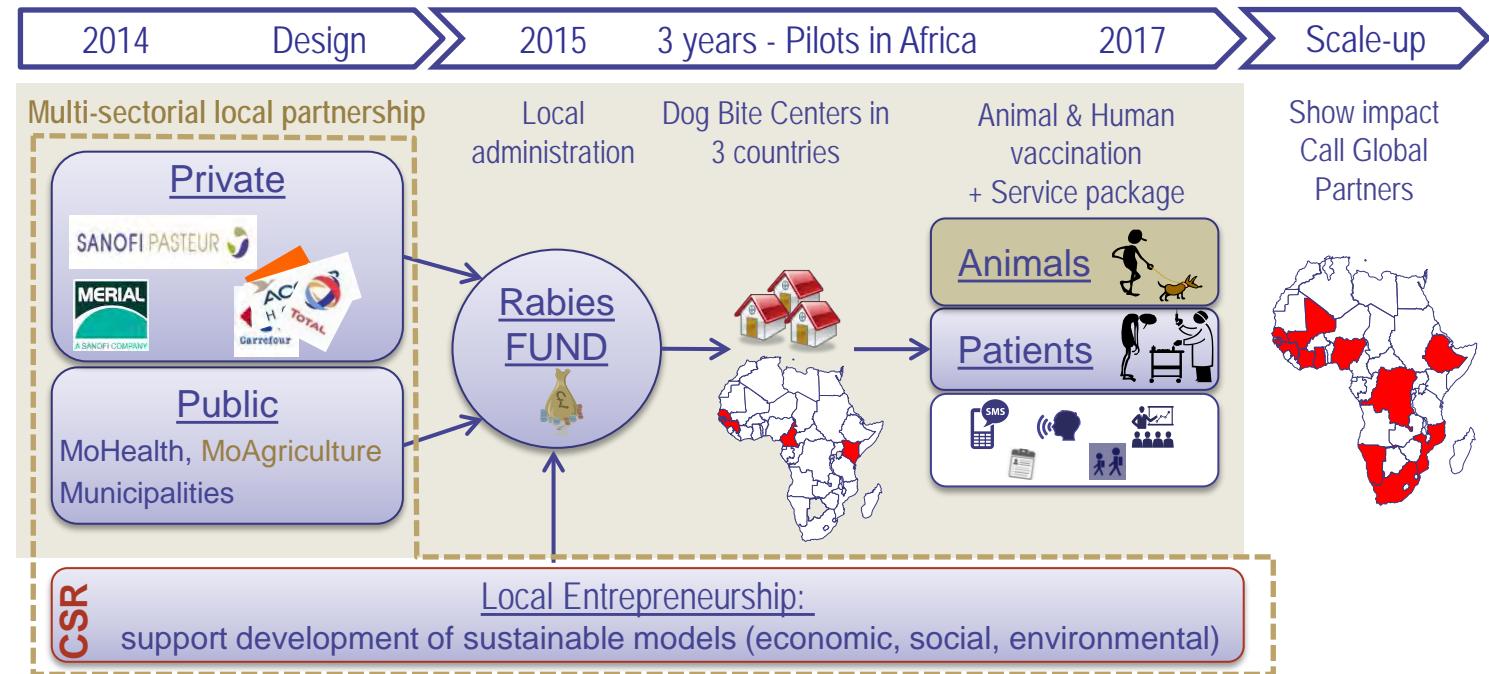
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- Measuring impact is key
  - Key Performance Indicators will be designed to measure how well Dog Bite Centres (DBC's) meet the needs of patients as well as public and private partners
  - The KPI initiative should ensure that programs remain sustainable, accountable and effective in meeting the needs of stakeholders
- Study protocol: objectives, target indicator, measuring method, responsible person – work in progress
  - Surveillance, human vaccination, animal vaccination, national ownership and financial sustainability, services
  - Should be simple and measurable in the local context
  - Will be approved by all the project partners

# Timelines and next steps

## AMBITION

Commit to long-term **WHO objective**:  
“**Eliminate Rabies in Africa**”  
with **innovative & sustainable models**



**Country 1 Senegal:** Project presented to Ministry of Health, Ministry of Animal Production, Pasteur Institute and local Foundations to test their interest and possible contribution.

Good adhesion of all stakeholders met: The principles proposed in this model meets their needs and expectations and will be supported by the MoH and MoA.

**Next steps:** project to be presented to local foundations/companies for co-funding

**Country 2 and 3:** to be confirmed

# Conclusion

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- Rabies remains a regional health concern in Africa BUT 100% preventable by education and vaccination
  - For several years, Sanofi supports various activities to fight against rabies in Africa
- Sanofi is the only pharmaceutical company bringing together the expertise and solutions in animal (Merial) and human health (Sanofi Pasteur).
- Based on our experience and our pipeline, Sanofi Pasteur and Merial want to play a key role in elimination of rabies in Africa and propose new Dog Bite Centers:



A SUSTAINABLE MODEL  
FACILITATE RABIES VACCINATION ACCESS  
PROMOTE THE « ONE HEALTH APPROACH »



*Merci*

*Thank you*



# Institut de Recherche en Elevage pour le Développement

## Unité de Diagnostic de la Rage



# Lutte contre la rage au Tchad (Ndjaména)

PARACON 10 Juin 2015

Naissengar Kemdongarti



## Institut de Recherche en Elevage pour le Développement Unité de Diagnostic de la Rage

La rage canine est endémique avec une incidence annuelle de 1.5/1000

### Evolution du programme de lutte

2001-2002



2005-2006



2008-2009

- Introduction de l'IFD
- Étude démographique canine
- Campagne pilote gratuite (>70% couverture)

- Introduction du DRIT
- Campagne pilote payante 3USD (23% couverture)

- Estimation de la rage humaine à partir des cas de morsures → 7décés/ans

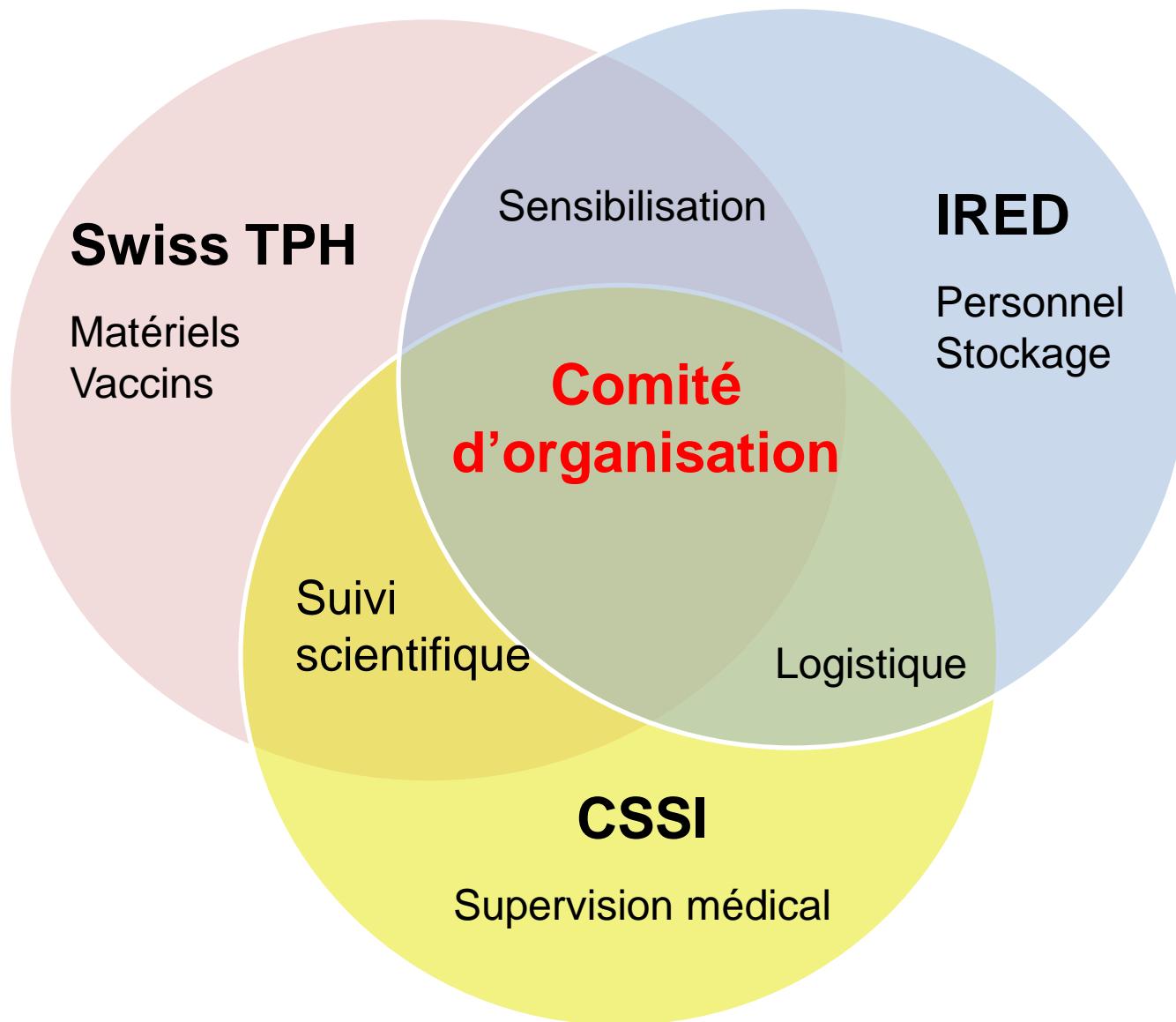
**Conclusion de 10 ans de recherche: la vaccination de masse des chiens à Ndjameléna est faisable!**

- Organisation de 2 campagnes de vaccination de masse 2012/2013
- Utilisation du Test Immunochromatographique (Anigen) en parallel de l'IFD





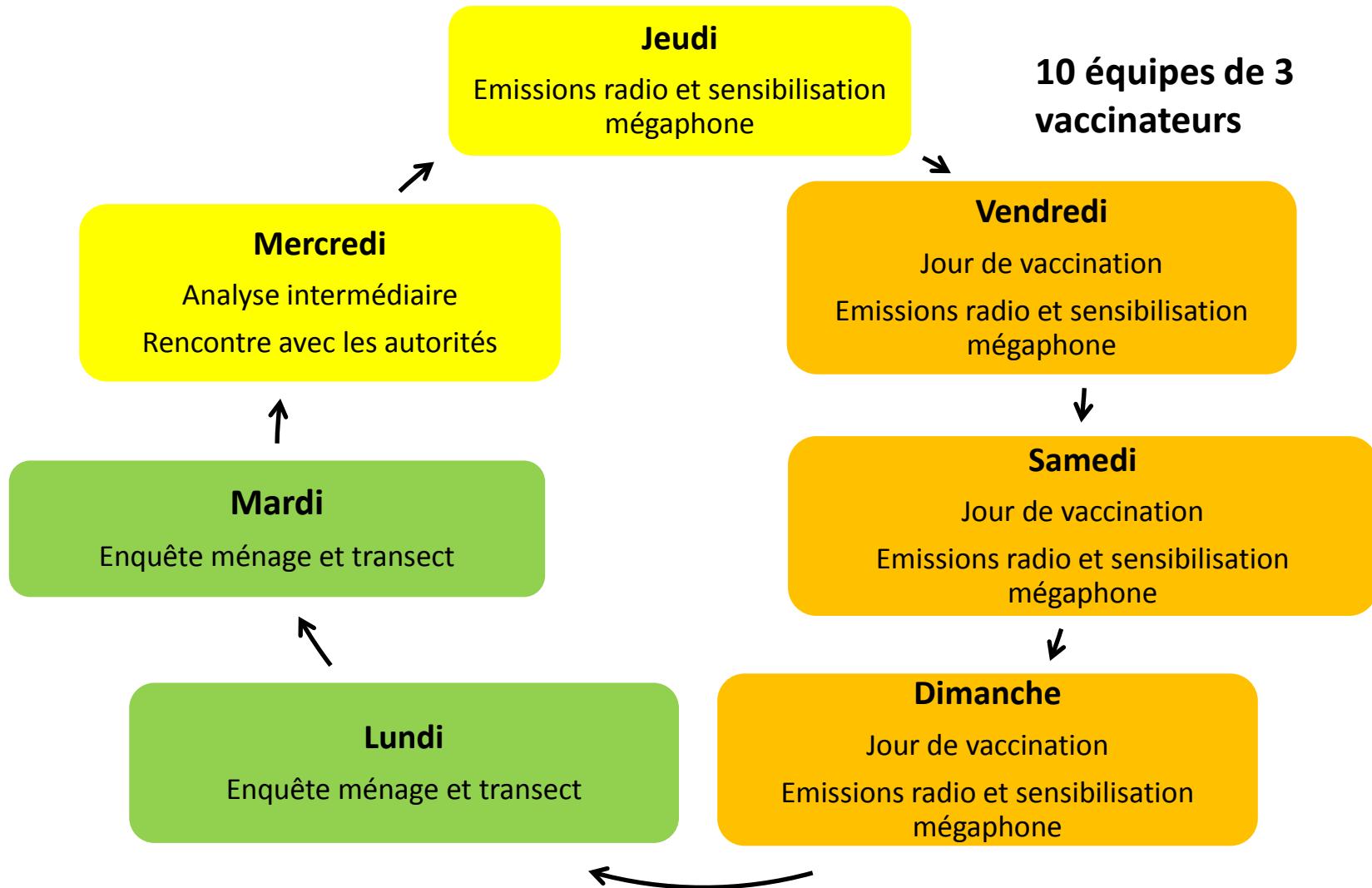
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## VACCINATION ET ENREGISTREMENT DES CHIENS





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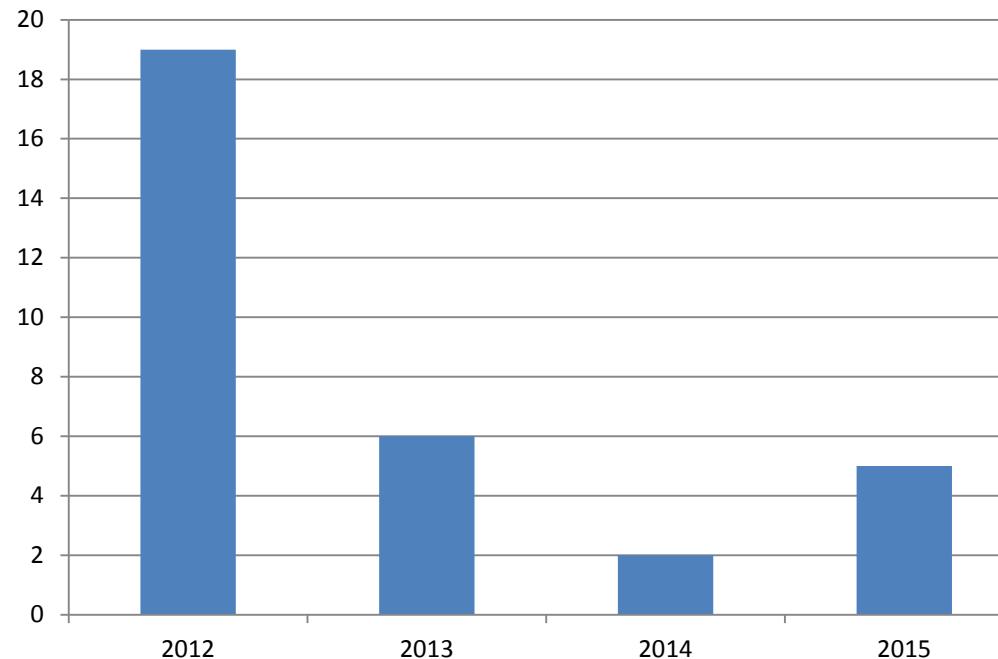
Chiens vaccinés: 2012 = **18182**

2013 = **21340**



# EFFET DE LA VACCINATION

cas de rage canine annuel



- avant campagne 2012: incidence = 0.7/1000
- Après campagne 2014: Incidence = 0.07/1000
- 5 cas en 2015 → tous dans le 9<sup>ième</sup> arrondissement



## CONCLUSION GENERALE

On peut éliminer la rage dans une circonscription donnée par la vaccination massive gratuites des chiens

Pour établir le meilleur plan opérationnel il faut étudier le contexte culturel du milieu

Une surveillance intensive est sollicitée pour détecter les cas émergents ou d'éventuelle réintroduction du virus



## RAISONS DU SUCCÈS

### Global

- Partenariat durable entre l'état tchadien l'ONG local (CSSI) et le Swiss TPH
- Investissement et la motivation de tous: coordination, superviseurs, vaccinateurs, maires, delegues de quartier, chefs de carres et proprietaires des chiens

### Couverture élevée en 2013

- Déplacement répété des postes
- Sensibilisation mégaphone renforcee pendant les journées de vaccination



## PERSPECTIVE

### Court terme

Introduire le theme de la rage dans le programme scolaire primaire

Valider et etendre le test d'ANIGEN au niveau national

### Longue terme:

Etablir un systeme de surveillance “one health” (contact direct entre les vето et les agents de sante publique) sur toutes les 23 regions du pays afin de guider un programme national d’elimination.



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REPUBLIQUE DU TCHAD

\*\*\*\*\*

PRESIDENCE DE LA REPUBLIQUE

\*\*\*\*\*

PRIMATURE

\*\*\*\*\*

MINISTERE DE L'ELEVAGE ET DE

L'HYDRAULIQUE

\*\*\*\*\*

SECRETARIAT GENERAL

\*\*\*\*\*

INSTITUT DE RECHERCHE EN ELEVAGE

POUR LE DEVELOPPEMENT

\*\*\*\*\*

DIVISION SANTE ANIMALE

UNITE - TRAVAIL -

PROGRES

\*\*\*\*\*

وحدة - تقدم



جمهورية ت Chad

\*\*\*\*\*

رئاسة الجمهورية

\*\*\*\*\*

رئاسة الوزراء

\*\*\*\*\*

وزارة التنمية الرعوية والإنتاج الحيواني

\*\*\*\*\*

الأمانة العامة

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معهد بحوث الثروة الحيوانية  
للتربية

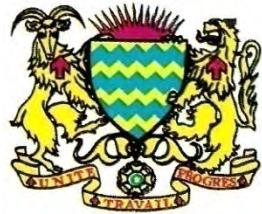
## PROGRAMME NATIONAL DE LUTTE CONTRE LA RAGE AU TCHAD

Premier Draft

Budget total pour 1 année = 4 milliard FCFA = 8 million Dollars



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Unité de Diagnostic de la Rage



GLOBAL ALLIANCE  
FOR RABIES CONTROL

# Je vous remercie



**Swiss TPH**  
Swiss Tropical and Public Health Institute  
Schweizerisches Tropen- und Public Health-Institut  
Institut Tropical et de Santé Publique Suisse

  
**UBS**  
UBS Optimus Foundation

**MERIAL**



# Institut de Recherche en Elevage pour le Développement

## Unité de Diagnostic de la Rage

### Études démographique canine dans 963 Ménages

900'000 chiens au Tchad

